



Welcome to

Willunga Catholic Parish

Mary of Galilee, Aldinga; St Peter's, Normanville; St Joseph's, Willunga

THE MOST HOLY BODY AND BLOOD OF CHRIST - YEAR C

The ASCENSION Vol 23 : No 31

WILLUNGA CATHOLIC PARISH CENTRE

12 St Judes Street (PO Box 14)

WILLUNGA SA 5172

Phone: 8556 2132

Email: admin@willungaparish.org.au

Web: www.willungaparish.org.au

PARISH OFFICE

If you need to contact the Office, please ring 0447 421 948 if there is no-one available to take your call.

PARISH TEAM CONTACTS

- Fr Dominick Okwadha (Parish Administrator - 8382 1717; in an emergency 0421 074 212; okwadha@yahoo.com)
- Fr Julius Nyandiga (Assistant Priest - 8382 1717; 0455 878 907 juliusphilip122@yahoo.com)
- Fr Tom Gleeson (Resident Priest - 8557 1072, tegleeson@bigpond.com)
- Gael Maloney (Parish Office; Newsletter - articles for newsletter due Wednesday - 0447 421 948, bahloo2@bigpond.com)
- Parish Finance Officer - Thia van Kuyk (0428 238 397, tntvank65@gmail.com)

MASS CENTRES

- Mary of Galilee, cnr Quinliven and How Roads, ALDINGA - Galilee
- St Peter's, Cape Jervis Road, NORMANVILLE
- St Joseph's, St Judes St, WILLUNGA

MASS TIMES

- SATURDAY EVENING
5.30pm Aldinga Beach
(Mary of Galilee)
- FIRST, THIRD, FIFTH SUNDAYS
8.30am Willunga (St Joseph's)
10.30am Normanville (St Peter's)
- SECOND, FOURTH SUNDAYS
8.30am Normanville (St Peter's)
10.30am Willunga (St Joseph's)



FIRST READING

Genesis 14:18-20

Melchizedek king of Salem brought bread and wine; he was a priest of God Most High. He pronounced this blessing: 'Blessed be Abraham by God Most High, creator of heaven and earth, and blessed be God Most High for handing over your enemies to you.' And Abraham gave him a tithe of everything.

RESPONSORIAL PSALM

Ps 109:1-4

*You are a priest forever,
in the line of Melchizedek.*

1. The Lord's revelation to my Master: "Sit on my right: I will put your foes beneath your feet." <R>
2. The Lord will send from Zion your sceptre of power: rule in the midst of all your foes. <R>
3. A prince from the day of your birth on the holy mountains; from the womb before the daybreak I begot you. <R>
4. The Lord has sworn an oath he will not change. "You are a priest for ever, a priest like Melchizedek of old". <R>

SECOND READING

1 Corinthians 11:23-26

This is what I received from the Lord, and in turn passed on to you: that on the same night that he was betrayed, the Lord Jesus took some bread, and thanked God for it and broke it, and he said, 'This is my body, which is for you; do this as a memorial of me.' In the same way he took the cup after supper, and said, 'This cup is the new covenant in my blood. Whenever you drink it, do this as a memorial of me.' Until the Lord comes, therefore, every time you eat this bread and drink this cup, you are proclaiming his death.

GOSPEL ACCLAMATION

Jn 6:51-52

Alleluia, alleluia!

*I am the living bread from heaven,
says the Lord; Whoever eats this
bread will live forever. Alleluia!*

GOSPEL

Luke 9:11-17

Jesus made the crowds welcome and talked to them about the kingdom of God; and he cured those who were in need of healing.

It was late afternoon when the Twelve came to him and said,

(Continued page 4)



Bulletin Board

MASS TIMES WEEKDAY MASSES

Mon No Masses - Willunga Parish
9.00am - Noarlunga
Tue 9.15am - Aldinga
Wed 9.00am - Willunga
Thur 9.00am - Willunga
Fri 9.00am - Willunga
12.00noon - Normanville
6.00pm - Willunga

WEEKEND MASSES

(NB: This roster may be changed if something unforeseen crops up)

14 Jun 5.30pm, Aldinga, Fr Dominick
15 Jun 8.30am, Willunga, Fr Dominick
10.30am, N/ville, Fr Tom
21 Jun 5.30pm, Aldinga, Fr Julius
22 Jun 8.30am, N/ville, Fr Julius
10.30am, Willunga, Fr Tom
28 Jun 5.30pm, Aldinga, Fr Dominick
29 Jun 8.30am, Willunga, Fr Dominick
10.30am, N/ville, Fr Dominick

ENTRANCE ANTIPHON

He fed them with the finest wheat and satisfied them with honey from the rock.

LADIES LUNCH GROUP

A small group of local women have started a Ladies Lunch Group for all Willunga Parish women. If you are interested, you are warmly invited to join them for the second lunch on Thursday 3 July, 12.30pm at The Tin Shed in McLaren Vale. Please come along.

For further information and bookings contact Barb Triffett 0497 876 551 or Vanda Farrall 0476 276 066.

QUESTIONS OF DIVORCE AND REMARRIAGE - INTERDIOCESAN TRIBUNAL OF ADELAIDE

The Inter-diocesan Tribunal of Adelaide is a service of the Church to assist with the pastoral care of Catholics and non-Catholics who are civilly divorced, and who are seeking to remarry or who want clarification of their standing in the Church. The Tribunal also assists remarried persons seeking to have their current marriage recognised in the Church, as well as remarried persons wishing to be baptised or received in the Catholic Church. Any divorced person, or a divorced and remarried person is welcome to contact the Adelaide office of the Tribunal to obtain further information, or to have their status within the Church clarified.

The office is open Monday to Friday, and you are welcome to contact the Tribunal on 8210 8225 or tribunal@adelaide.catholic.org.au

DIOCESAN SYNOD FORMATION SESSION: WHAT IS A DIOCESAN SYNOD? Tuesday June 24, 7.00pm, online gathering

The Archdiocese of Adelaide is preparing for a Synod in 2026. Each month you are invited to participate in an online formation session with other people from across the Archdiocese. Each session will explore a different aspect or theme of the Synod.

The June session will include details about the Diocesan Synod, what makes a Synod different from a Diocesan Assembly, foundations in synodality, and synod membership.

Register at <https://www.trybooking.com/DBUKH> or contact Peter Bierer for more info pbierer@adelaide.catholic.org.au

PARISH PASTORAL COUNCIL Parish Secretary and Parish Associate

Positions are now advertised on the SEEK and Archdiocesan websites. Please consider if you are interested and let suitable applicants know. Applications close at 9am on 23 June.
Kerri Gould

POWER UP 2025 – DIOCESAN JUBILEE OF YOUTH CELEBRATION

Saturday August 2, 2pm until 9pm

Where: Sacred Heart College,
Somerton Park

Who: Young people aged 16-35

Cost: Free (including cost of all food and drinks), bookings are essential

Hosted by the Catholic Office for Youth and Young Adults (COYYA), Power Up 2025 will facilitate an afternoon of engaging workshops on a variety of topics with opportunities to experience reimagined prayer and spirituality, participate in spiritual reflection and formation, and hands on activities that are centred around faith, ecology and social justice.

After the workshops, Vigil Mass will be celebrated by Vicar General, Fr Dean Marin before moving into dinner, hot drinks and dessert from food trucks/ vendors with live music

from local musicians. The evening will close with a praise and worship concert on the main stage featuring Proclaim Wildfire from the Lismore Diocese in NSW. Tickets (including cost of all food and drinks) are free, although bookings are essential.



We're encouraging parishes and communities to consider bringing a group to engage and experience the joy of faith,

spiritual formation and get Powered Up for the Jubilee Year! More information and registrations – scan the QR code.

STRUGGLING TO BE INSIDE THE PRESENT MOMENT

In the Book of Ecclesiastes, we read “There is a time and a season for everything. A time to be born, and a time to die; a time to plant, and a time to gather in what is planted; a time to kill, and a time to heal”.... After listing this natural rhythm of time and the seasons, the author ends with these words: God has made everything suitable for its own time but has put timelessness into the human heart so that human beings are out of sync with the rhythms of this world from beginning to end.

We know how difficult it is to be inside the present moment because the past and the future won't leave us alone. The past haunts us with loves that have been found and lost, with wounds that have never healed, and with inchoate feelings of nostalgia, regret, and wanting to cling to something that once was.

The future impales itself into the present as well, forever asking for our attention, forever sowing anxiety into our lives, and forever stripping us of the capacity to simply drink in the



present. The present is forever being colored by obsessions, heartaches, headaches, and anxieties that have little to do with people we are sitting with at table.

Henri Nouwen once wrote: Our life is a short time in expectation, a time in which sadness and joy kiss each other at every moment. There is a quality of sadness that pervades all the moments of our life. It seems that there is no such thing as a clear-cut pure joy, but that even in the most happy moments of our existence we sense a tinge of sadness.

In every satisfaction, there is an awareness of limitations. In every success, there is the fear of jealousy. Behind every smile, there is a tear. In every embrace, there is loneliness. In every friendship, distance. And in all forms of light, there is the knowledge of surrounding darkness. But this intimate experience in which every bit of life is touched by a bit of death can point us beyond the limits of our existence. It can do so by making us



look forward in expectation to that day when our hearts will be filled with perfect joy, a joy that no one shall take away from us. *Ronald Rolheiser*

AUSTRALIAN IGNATIAN TRAIL SOUTH AUSTRALIA

Pilgrimages along the Australian Ignatian Trail in the footsteps of the first Jesuits in Australia are being offered by Jesuit and Ignition Spirituality Australia - four walking days/six nights from Tuesday late afternoon 14 October to Monday morning 20 October. Applications close: 18 July.

This 'camino' experience provides an opportunity for encountering Ignatian Spirituality, discerning, and listening to God's presence in Nature. Step aside from everyday life, walk, reflect, experience nature day after day, time in silence, conversation and listening to God's presence.

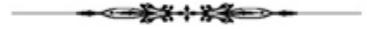
As a small group of pilgrims, participants will walk part of the route in South Australia taken by the first Jesuits who arrived in 1848. This Australian Ignatian Trail pilgrimages journey through townships such as Kapunda, Tarlee, Riverton, and Auburn, and finish at Sevenhill where the Jesuits established the first vineyard of Clare Valley in 1851.

A moderate level of walking fitness and overall good health is essential.

For more information go to website www.jisa.org.au, phone 1300 392 636 or email info@jisa.org.au

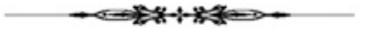
PLEASE KEEP THESE PEOPLE IN YOUR PRAYERS
Healing list: Michael Casey, Kathy Ralston, John Tregeagle, Karoline Hermann, Mike Harwood, Karen Van Vliet, Sylvia Harwood, David Scott.

Anniversary: Terry Jasper



2025 DATES

- 29 Jun Holy Father's Appeal
- 2 Jul Last day School term 2
- 3 Jul Ladies Lunch - see article
- 6 Jul NATSICC Appeal
- 20 Jul Stella Maris - Sea Sunday
- 21 Jul First day School term 3
- 10 Aug Vocations Appeal
- 26 Sep Last day School term 3
- 6 Oct Labour day holiday
- 13 Oct First day School term 4
- 12 Dec Last day School term 4



COLLECTIONS

07/08 : 14/15 June

- First collection \$1041.00
- Second collection \$875.00
- Envelopes \$397.00

(Not including direct credits)

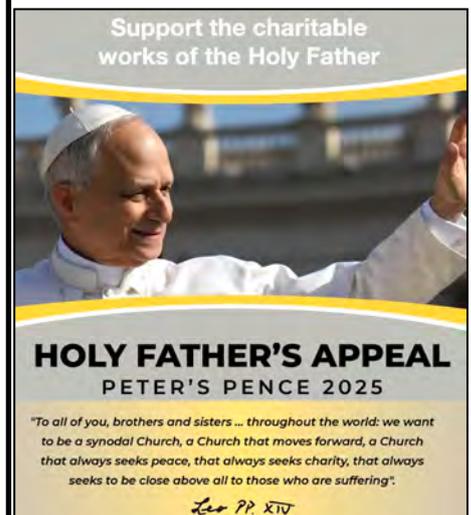
Thank you for your support - it is much appreciated.

ABORIGINAL AND TORRES STRAIT ISLANDER SUNDAY

On Sunday July 6 parishes around the country will celebrate Aboriginal and Torres Strait Islander Sunday. The NATSICC Appeal will be also be held on this day.

NEXT SPECIAL COLLECTION

There will be a Special Collection next weekend (28/29 June) for the Holy Father's Appeal.



ROSTERS

ALDINGA *Saturday 21 June*
 Welcomer André Woodhouse
 Commentator Michelle Cormack
 Readers David Manders
 Carla Thomas
 Eucharistic Minister Mario Bacchin

Saturday 28 June
 André Woodhouse
 Chris McWilliams
 Jill McHendrie
 Cristina Tiedje
 Judi Driscoll

NORMANVILLE *Sunday, 22 June*
 Welcomer Leo Montgomery
 Commentator Anna Vnuk
 Reader Michael Steller
 Data Projector Thia van Kuyk
 Altar/Cleaning Patsy & Jim Fitzpatrick

Sunday, 29 June
 Peter Lloyd
 Ann Henriksen
 Nigel Pile
 Jim Fitzpatrick
 Patsy & Jim Fitzpatrick

WILLUNGA *Sunday, 22 June*
 Commentator Michael Hynes
 Reader Andrew Beach
 Eucharistic Minister Denny Ford
 Flowers Tony Harding
 Church Linen Anna Rogers

Sunday, 29 June
 Vanda Farrall
 Marie Andrews
 Andrew Beach
 Vanda Farrall
 Wayne Best

WILLUNGA PARISH
(Aldinga, Normanville, Willunga)
NGARRINDJERI, RAMINDJERI,
PERAMANGK, KAURNA land

*Willunga Catholic Parish is a
welcoming and hope-filled
community led by the spirit
to love and serve all in faith.*

PASTORAL COUNCIL

- **Aldinga** - Kerri Gould, Lorraine Ellis, Kim Calderbank
- **Willunga** - Michael Hynes
- **Normanville** - Nigel Pile, Christopher Symes

FINANCE COUNCIL

Dolek Thiele (Chairperson)
Chris McWilliams (Secretary)
Thia van Kuyk (Finance Officer)
Martin Morgan (Cemeteries)
John McPhail (Treasurer)

CEMETERY CONTACTS

- **St Joseph's, Willunga** - Curator Martin Morgan (0417 851 902) - in his absence please contact: Michael Hynes (0490 677 314)
- **St Peter's, Normanville** - Please contact Willunga Parish Office (08) 8556 2132 or 0447 421 948

BAPTISMS AND MARRIAGES

Please contact the Parish Office
(8556 2132 or 0447 421 948)

SACRAMENTS

For more information please contact:

- Parish Office
admin@willungparish.org.au :
8556 2132, 0447 421 948
or
- Kim Calderbank
kim.calderbank@cardijn.catholic.edu.au
[08] 8550 2200

INTEGRITY AND SAFEGUARDING DEPT

We are a Child Safe Organisation which is committed to the care, well-being and protection of children and young people.

Willunga Parish contact - Michael Hynes or Child Protection Unit (8210 8159).

(Continued from page 1)

‘Send the people away, and they can go to the villages and farms round about to find lodging and food; for we are in a lonely place here.’ He replied, ‘Give them something to eat yourselves.’ But they said, ‘We have no more than five loaves and two fish, unless we are to go ourselves and buy food for all these people’ For there were about five thousand men. But he said to his disciples, ‘Get them to sit down in parties of about fifty.’ They did so and made them all sit down. Then he took the five loaves and the two fish, raised his eyes to heaven, and said the blessing over them; then he broke them and handed them to his disciples to distribute among the crowd. They all ate as much as they wanted, and when the scraps remaining were collected they filled twelve baskets.

SATISFACTION GUARANTEED

Often, no matter how dire their circumstances, a beautiful peaceful look will wash over the face of a nursing mother. These women report an overwhelming sense of joy in nurturing and nourishing their young. Providing for the health and well-being of a loved one is an extremely satisfying experience for anyone: parents caring for children, children caring for ailing parents, lovers caring for their mates. In the most Christian of acts, we offer ourselves – our flesh and blood, time and energy – out of love for another human being.

But even as we experience a deep satisfaction in caring for others, worry and exhaustion can constantly hound us, and all too often impatience and resentment creep in. That is when the caretakers need their own nourishment. Who is there to feed them? Sooner or later all hunger leads to Christ. He offers us the bread of life. If we eat it, we will never hunger. If we drink from his cup, we will never thirst.

Why? Because in the very act of sharing in his body and blood, we will come to know that we are loved. Anxiety and worry are brought to rest, and we move through another day, certain that God is with us, sustaining us and allowing us a small taste of

God’s unending glory with each caring act we perform.

TOOK, BLESSED, BROKE, GAVE

Took, blessed, broke, gave. Those are the four actions Jesus repeats both here and at the Last Supper. They spell out the activity of our Eucharist, as well as our call to be food for a hungry world.

Took and break are both aggressive, even violent words. They remind us that Jesus was taken, and broken; what we commemorate at our table is not a gentle story. Blessed and gave are both words of generosity. They remind us that our dinner is a celebration, a party where gifts are given and each member is honoured. There is a cause for rejoicing here.

Curious, though, how the blessing comes after the taking; how the sharing follows the breaking. The violence is mixed in with the gladness, and sorrow penetrates the celebration. Unless the bread is broken, you cannot have the sharing. In the same way, we come to understand that until we are willing to be taken, we cannot know the fullness of the blessing that awaits us. And unless we are prepared to be broken, we cannot give ourselves entirely to the mission that is ours.

THIS WEEK'S READINGS

(23 - 29 June)

- **Monday, 23:** Weekday, Ord Time 12 (Gen 12:1-9; Mt 7:1-5)
- **Tuesday, 24:** The Nativity of St John the Baptist (Is 49:1-6; Lk 1:57-66, 80)
- **Wednesday, 25:** Weekday, Ord Time 12 (Gen 15:1-12, 17-18; Mt 7:15-20)
- **Thursday, 26:** Weekday, Ord Time 12 (Gen 16:1-12, 15-16; Mt 7:21-29)
- **Friday, 27:** The Most Sacred Heart of Jesus (Ezek 34:11-16; Rom 5:5-11)
- **Saturday, 28:** Weekday, Ord Time 12 (Gen 18:1-15; Mt 8:5-17)
- **Sunday 29:** Sts Peter and Paul (Acts 12:1-11; 2 Tim 4:6-8, 17-18; Mt 16:13-19)

PASTORAL CARE

If you need a priest for anointing prior to medical treatment or if you are ill (not necessarily life-threatening) or for last rites please contact: (08) 8556 2132. In an emergency call Fr Dominick (0421 074 212) or Fr Julius (0455 878 907).